

Adelle leads the way

MANVERS Lake was the venue for Rotherham Running Club's members last week as they took part in the gruelling "dusk till dawn" race.

In the notorious, lung busting 12 hour endurance race, runners set off at 6pm and attempt to do as many of the 3.2mile laps as they can throughout the night before finishing at 6am.

Club captain Adelle Marsden showed her staying power and led the field throughout with an absolutely amazing effort.

Adelle ran a tortuous 61 miles in total as she crossed the line in first place.

Louise Siddall ran the race of her life and completed 38 miles and Sarah Davies, returning from a recent injury, did well to complete 35 miles with Ian Webb managing 30 miles.



RACE WINNER: Adelle Marsden